



Rocky Mountain Diving Club Newsletter

March 3, 2010,

Dear Parents & Divers:

Changes, changes, changes!

If you are new to the **Rocky Mountain Diving Club** program – **Welcome!** If you are returning - **Welcome Back!** Please carefully read the details regarding Sunday and weekday class start dates, along with days that lessons are not scheduled.

**We're looking forward to a great session filled with lots
of learning and fun – see you soon!**

Class Times:

Sunday Classes:

The first day of the **Sunday** Spring 2010 class is **Sunday April 11**. (Classes will run for **10** consecutive Sundays ending June 20)

Sunday classes please refer to website for adjusted class start times

Weekday Classes:

Wednesday classes begin **April 7** (ending June 16th) (11 classes)

Friday classes begin **April 9** (ending June 18th) (11 classes)

Monday classes begin **April 12** (ending June 21st) (10 classes)

***These classes will run for the number of weeks indicated excluding the dates indicated in blue below.*

NO diving on:

Monday, May 24 (Victoria Day)

EXTRA, EXTRA! Our popular Summer Evening Lessons at Sait are now posted. Please refer to our website.

Participant information:

- New participants will be able to gain access through the Main Service Desk at Shouldice and SAIT.
- On the first day, to gain entry through the main entrance, simply tell a Shouldice or SAIT staff-member that you are there for diving lessons with Rocky Mountain Diving Club.
- Access to the pool deck is through the change rooms. Please remove your shoes before coming on deck.
- Participants do not need to shower first, as they will be completing some skills on dry land training before entering the pool.
- **Participants should arrive at least five minutes before class wearing a bathing suit and t-shirt and with a towel.**
- Parents may accompany their child on to the deck area on their first day only (just for the beginning of class), **after which we ask you observe the lesson times from the observation areas indicated by the pool staff.**
- Each class will consist of 2 components: dry-land skills and water training.
- We're sorry, but we do not give any refunds for missed classes. If, under certain circumstances, we must cancel a class, we will offer a make-up class.

Please contact me at any time if you have any questions. We look forward to seeing you soon!

Kindest regards,

Aurelie Gibson and Brad Surogot

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